

Manvel Public School Health & Safety Plan

Committee:	Reentry Coordinator: Dave Wheeler (Superintendent)	
	Team Members:	Melissa Hiltner (Principal) Josh Grosskreutz (Teacher) Molly Love (Teacher) Courtney Sandness (Teacher) Elizabeth Vaudrin (Teacher) Jim Moreland (Plant Manager) Kathy Langowski (School Board President)

"School districts are required to utilize the phases outlined by the North Dakota Department of Health, North Dakota Department of Public Instruction and Governor's Office. The district has created guidelines that correspond with each phase. To accommodate specific needs within the school district and building levels, the district may opt to, as appropriate, implement health and safety measures in a higher tier. This may include, up to, school closures. This will only be done after consultation with Grand Forks County Health and the impacted Building(s) COVID-19 Coordinator. Any change to phase would be immediately communicated to allow for appropriate implementation for families and at the building/district level."

	YELLOW	GREEN	
Learning	On-site learning will be available with heightened safety precautions. Distance learning will be available to those students who quarantine.	New Normal. On-site and Distance learning for quarantine only.	
Work	A combination of staff on site as well as staff possibly teaching remotely from their home	New Normal. Most staff on-site. High risk staff may be working remotely. District health and safety precautions are in place.	
Transportation	Would be ongoing for students coming to the building with proper health and safety precautions for drivers and riders.	Would be ongoing for students coming to the building with proper health and safety precautions for drivers and riders.	
Meals	Meals would be served on site.	Meals would be served on site.	
	Yellow according to ND Restart Plan	Blue/Green according to ND Restart Plan	

Health and Safety Plan for YELLOW and GREEN

COVID-19 RESPONSE PLAN	Process for monitoring students and staff for symptoms, history of exposure and absenteeism.		
	Staff, parents, and students will be educated on the signs and symptoms of COVID-19.		
	Staff and students will be encouraged to stay home when experiencing symptoms according to the CDC guidelines (i.e., temperature of 100.4 or experiencing symptoms).		
	Staff and students will be encouraged to stay home and self-quarantine if they have been in close contact with an individual who is confirmed or suspected to have COVID-19.		
	Students exhibiting signs of COVID-19 while at school will be isolated in the backroom of the office while waiting to be picked up by a parent or guardian.		
	Students absent from school or self-quarantining will be screened by office staff to determine if symptoms are potentially related to COVID-19.		
	Link to guidance for vaccinated individuals at MPS	Decision Tree For Requiring Masks	
	Process to identify and protect children and staff at higher risk with an opportunity for continued distance teaching and learning.		
	Upper Valley document regarding IEP students		
	Sharing of classroom tools and resources will be eliminated as much as possible		
	Numerous physical distancing and hygiene measures will be in place for all students, including high risk students attending virtual classes as needed.		
	High-risk staff will discuss possibility of working remotely with district administration.		
Process to rapidly notify parents and staff of exposures in the school setting.			
Families and staff will be notified immediately of a confirmed case within the school via SwiftK12 (through Powerschool), the Remind app and/or a letter.			
	Process for isolation and quarantine when a staff member, student, or visitor becomes sick or demonstrates a history of exposure.		
	Any staff member who becomes sick will be required to leave the building immediately. Their duties will be covered by other staff within the building until a substitute teacher arrives.		
	Essential Personnel/Close Contact Protocol		Close Contact with mask guidance
	Any student who becomes sick at school will be sent to the office. The student's temperature will be taken and the student will be isolated in the backroom of the office until a parent or guardian picks them up.		
	Guidelines for when an isolated or quarantined staff member, student, or visitor may return to school.		
Updated guidance on isolation (12/28/2021) -- link isn't working, please see the PDF pages attached below			

POSITIVE OR CLOSE CONTACT	<p>A close contact is defined as a person who spends a prolonged period of time (15 minutes) within 6 feet (2 meters) of a person that has been diagnosed with COVID-19 up to 2 days prior to their illness onset. Close contact can occur while caring for, living with, visiting, or sharing a health care waiting area or room with someone that has been diagnosed with COVID-19. Just being in an indoor environment with someone is not necessarily a close contact.</p>	<p>Isolation separates sick people with a contagious disease from people who are not sick. This refers to the person who tests positive for COVID. The Dept of health will isolate positive tests, typically in their home.</p>	<p>Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms. There is no guarantee you are sick when asked to quarantine but if you are defined as having close contact with someone who is a positive test, quarantine will occur through contact tracing.</p>
	Staff who are quarantined and cannot be in the building will follow our sick leave policy.		
	Distance learning will occur for any child that is quarantined or in isolation.		
	Process for a confirmed case within the district		
	Families and staff will be notified immediately of a confirmed case within the school through SwiftK12 (through Powerschool), the Remind app, and email.		
	In the event of a positive test in the building, the school leaders will perform contact tracing as quickly as possible. The school could close the classroom for up to 2 days if administration deems it necessary and the students in that classroom would go into distance learning during that time. Additional students, those in special groups/activities or those on a certain bus route(s) may also be required to distance learn for those 2 days while contact tracing and potentially replacing staff takes place. (12/14/2020)		
	At the discretion of administration, a decision to require certain grade levels and/or the entire school to move to distance learning for up to 14 days may be made. Situations that may require this additional action include but are not limited to: 1) A loss of staff that makes teaching/supervision not possible for all students, 2) A high number of positive cases or close contacts that makes the building unsafe for students and adults.		
When a staff member is quarantined, he/she may be given the option to work remotely depending on numerous factors.			
COMMUNICATION & TRAINING	Train all faculty and staff on the implementation of the Health and Safety Plan.		
	Training will be provided during Professional Development days.		
	Train all faculty and staff on appropriate use and wearing of facial coverings.		
	Training will be provided during Professional Development days.		
	Plan for ensuring ongoing communication with families around the elements of the local Health and Safety Plan, including ways that families can practice safe hygiene in the home.		
	A video introduction to the Health and Safety Plan will be available prior to the first day of school.		
	The Health and Safety Plan will be posted on the school website.		
HYGIENE & CLEANING	Facial coverings (masks) can be worn by staff and students when social distancing is not possible.		
	All students (PreK - 8) will be recommended to wear mask while on the bus and in the school building.		
	Masks may be required under certain circumstances according to guidance from NDDOH and/or CDC.		
	CDC Link to mask information		
	Guidelines for hygiene practices for students and staff which include the manner and frequency of hand-washing and other best practices.		
	Students will be educated on proper hand washing technique.		
	Hand sanitizer will be available throughout the school including at each entrance and in each classroom. Bathrooms will be supplied with adequate soap and paper towels.		
	Students and staff will be encouraged to wash their hands or use hand sanitizer every time they leave AND enter a room.		
	Students will be educated on proper technique for covering coughs and sneezes.		
	Protocols for cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students		
	Teachers and/or students will clean tabletops/desks, high-touch surfaces, and student centers each time the class leaves for an elective and lunch/recess.		
	The custodial team will clean each room thoroughly at the end of each day.		
	Restrooms will be cleaned regularly after classes have transitioned to the next class period.		
	Hallway, lockers and common areas will be cleaned and disinfected regularly by the custodial team.		
	Doors will remain open when possible to limit high touch surfaces and improve air circulation.		
Windows will be opened when possible to allow fresh air into the classroom.			
Bus seats will be sanitized after each trip by the bus driver or designee.			
	Protocols for classroom/learning space occupancy that allow for separation among students and staff throughout the day to the maximum extent feasible		
	We will continue to emphasize social distancing for our students.		
	Masks will be recommended beginning August 10th of 2021		

YOU ARE A CLOSE CONTACT TO A COVID-19 CASE, NOW WHAT?

This guidance is for people who were identified as a **Close Contact** to a COVID-19 positive individual. This is defined as someone within 6 feet for 15 cumulative minutes or more in a 24-hour period while the case is deemed to be infectious (48 hours prior to their onset of symptoms; for asymptomatic cases, 48 hours prior to the date they were tested.)

Monitoring Period

Remain at home or in a comparable setting for the duration of your quarantine period. Avoid congregate settings, public activities, and practice social distancing. This means you should remain out of public places where close contact with others may occur (e.g., shopping centers, movie theaters, stadiums), workplaces, schools and other classroom settings, and public conveyances (e.g., bus, subway, taxi, side share) for the duration of your monitoring period unless approved by the state or local health department. Close contacts will still need to quarantine, unless both the infected person and close contact were consistently and correctly wearing a mask at all times during the exposure; this would exempt the contact from being quarantined.

- If you are unvaccinated, the CDC recommends quarantine for five days followed by strict mask use for an additional five days. If the exposed person is under the age of 2, then masking is not required.
- If you are vaccinated and are more than six months out from their second mRNA dose, or more than two months after the J&J vaccine, and not yet boosted, the CDC now recommends quarantine for five days followed by strict mask use for an additional five days. If a five day quarantine is not feasible, it is imperative that an exposed person [wear a well-fitting mask](#) at all times when around others for 10 days after exposure.

Individuals who have received their booster shot, have had a prior infection in the last 90 days, or are within 6 months of their primary mRNA series or two months of J & J dose, do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day five after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

**Please note, if you are a household contact, your quarantine period will begin after the case is released from isolation.*

A quarantine calculator can be found at health.nd.gov/covidcalculator. Fully vaccinated individuals may visit with other fully vaccinated people indoors without wearing masks or physical distancing. Click [here](#) for additional recommendations from the Centers for Disease Control and Prevention (CDC).

Free public testing throughout North Dakota is available to anyone who would like to be tested for COVID-19. Click [here](#) for updated information on free testing events.

If you become sick and are tested for COVID-19 during this period and are found to be **Positive**, the NDDoH will work with you on continuing your monitoring as a confirmed case of COVID-19.

Individuals in your household that are contacts to contacts do not have to quarantine unless they have been notified that they are also a direct close contact to a confirmed case.

YOU ARE A CLOSE CONTACT TO A COVID-19 CASE, NOW WHAT?

Residents of long-term-care facilities and other congregate living settings, and healthcare workers should follow NDDoH guidance [here](#) and [here](#).

Signs and symptoms of COVID-19

The most common symptoms of novel coronavirus are fever and cough, difficulty breathing, loss of taste/smell, sore throat, body aches, headache, chills, diarrhea, and nausea/vomiting. These symptoms can also be due to many other illnesses. If you develop a fever or any symptoms, it doesn't mean you have COVID-19, but you should immediately contact your health care provider for COVID-19 testing.

Check your temperature and symptoms

It is very important for you to monitor your health daily so that you can be taken care of and treated quickly if you get sick. Based on what is known from other coronavirus infections, 14 days is the longest time between when you were last exposed to COVID-19 and when symptoms begin.

- Take your temperature (use as directed in the thermometer instructions) **2 times a day:**
 - ***once in the morning and again in the evening*** (if you forget, take your temperature as soon as you remember)
- You should also check your temperature anytime you feel like you have a fever or feel feverish.
- Write down your temperature twice a day, every day along with any of the symptoms listed below.

If you have fever (100.4°F or higher), cough, shortness of breath, or other symptoms such as loss of taste/smell, chills, sore throat, body aches, headache, diarrhea, or nausea/vomiting, you should be tested for COVID-19.

What should I do if I become ill during this monitoring period?

If you must go to the hospital before calling, notify staff immediately that you are being monitored for COVID-19. For additional COVID-19 questions, call the NDDoH public health hotline at 1-866-207-2880, between 8 a.m.-5 p.m. Monday through Friday.

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